



Texas Child Mental Health Care Consortium

**New and Emerging Children's Mental Health
Researchers Grant**

Notice of Funding Opportunity – NECMHR03
FY2028/FY2029

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Introduction

The Texas Child Mental Health Care Consortium (TCMHCC) (herein the Consortium) as part of its efforts to enhance mental health research and expertise in Texas established the New and Emerging Children's Mental Health Researchers (NECMHR) initiative through initial funding provided by the 88th Texas Legislature. This document outlines the basic structure and purpose of this initiative. The first cycle for the NECMHR grant was for FY2025-FY2026 and was [awarded to 25 applicants](#). The second cycle was for FY2026-FY2027 and was awarded to [22 applicants](#). This document provides information on the FY2028 to FY2029 (third cycle) of the NECMHR grant opportunity including funding, scope, eligibility, and application process. Funding is conditional on legislative funding.

Background

The TCMHCC, established by the 86th Texas Legislature, combines the expertise of the State's 12 academic health related institutions (HRI) to increase access to children's mental health care and promote evidence-based children and adolescent mental health practices. One means of accomplishing this goal is to build the infrastructure for academic institutions to conduct pediatric mental health research, with an emphasis on coordinated research projects across TCMHCC-involved institutions. Rider 58 from HB1 in the 86th Texas Legislative session, charged the Consortium with promoting and coordinating pediatric mental health research across state university systems in accordance with the Statewide Behavioral Health Strategic Plan.¹ The Consortium has developed a novel approach that enables the enrollment of children and youth from across the state to participate in coordinated research projects designed to reduce the impact of childhood mental illness on Texas' youngest citizens and their families. The Consortium considers the legislatively funded research projects as a catalyst to:

- further the State's ability to leverage additional future children's mental health research funding from national, state, and local organizations; and
- develop and promote the use of evidence-based practices to prevent and treat childhood mental illness.

Initially, the Consortium focused on developing two large Consortium-wide research initiatives focused on trauma and depression. As a next step in the development of this research capacity among Consortium institutions, the Consortium established the NECMHR initiative to invest primarily in junior faculty and fellows who have not previously been a principal investigator on an individual R01 NIH grant.

This initiative focuses on advancing the knowledge and evidence base in the prevention and treatment of childhood mental illness. Once promising and evidence-informed practices are identified, findings will be disseminated to inform providers, policy makers, advocates, and families about specific types of treatment approaches that can minimize the symptoms of childhood mental illness, promote recovery, and help all Texas children thrive.

¹ [Texas Statewide Behavioral Health Strategic Plan Fiscal Years 2022–2026](#)

Purpose

The NECMHR initiative is designed to foster, encourage, and mentor junior researchers and trainees at TCMHCC institutions so that they can become successful mental health researchers and receive the experience needed to successfully be awarded state and federal grants in the future. Furthermore, the research funded by NECMHR will identify and validate new knowledge, tools, and practices that will improve child and adolescent mental health prevention and treatment services in Texas.

Process

To assure an equitable and fair process and recruit talented and diverse researchers that represent various children, adolescent, and perinatal mental health professions from throughout Texas, the determination of the recipients of the grant funding will utilize a two-step process and independent reviewers:

- 1) Each candidate should pre-apply by submitting a summary of their professional background plus a short 1-page synopsis of the candidate's proposal through the TCMHCC grant submission software.² **All candidates must contact the Chair of Psychiatry at their HRI to discuss their proposal, prior to submitting a pre-application. Regardless of the doctoral program or the department that the candidate is participating in, the Chair of Psychiatry at each TCMHCC HRI will select up to 6 candidates that they will support to apply for the NECMHR grant.** Candidates that are not selected by the Chair of Psychiatry at their HRI will not be considered for funding.
- 2) Candidates that meet the requirements of the grant that they are applying for and have the support of their HRI Chair of Psychiatry will be invited by the TCMHCC to submit a full application.

After assuring that the candidates meet the requirements of the grant they are applying for and that they submitted a complete application, TCMHCC staff will initiate the review process. **To assure diverse and fair distribution of funds across Texas HRIs while at the same time ensuring only high-quality applications are funded, no institution may receive more than 20% of the total funds, and the combined funds of any University System's institutions may not exceed 70% of the total funds unless there are insufficient quality applications from the other TCMHCC institutions.**

Successful candidates will be contacted with instructions for the next steps. Unsuccessful candidates will be notified and will receive comments on their application. Although reviewers will score applications, candidates will not get scores. Successful candidates will receive conditional approvals until announcements of successful recipients of the grant are made at the TCMHCC Executive Committee meeting. Successful proposals will be presented and voted upon by the TCMHCC Executive Committee.

*There are 12-TCMHCC HRIs. They are:

- The University of Texas Health Science Center at San Antonio
- The University of North Texas Health Science Center at Fort Worth

- The University of Texas Southwestern Medical Center
- The University of Texas at Tyler Health Science Center
- Baylor College of Medicine
- The University of Texas Health Science Center at Houston
- The University of Texas Medical Branch at Galveston
- Dell Medical School at the University of Texas at Austin
- The University of Texas Rio Grande Valley School of Medicine
- Texas A&M University System Health Science Center
- Texas Tech University Health Sciences Center
- Texas Tech University Health Sciences Center at El Paso

Scoring of Applications

Scoring of applications will be done through a standardized process using approximately 10 independent reviewers from outside of Texas and 3 reviewers with expertise in Texas state programs and community mental health. Each application will be reviewed by 2 reviewers from outside of Texas whose area of clinical research expertise aligns with the applicant's proposal and 2 reviewers from within Texas who will focus on alignment with Texas priorities. Reviewers will utilize the following criteria:

1. Significance
2. Investigators
3. Innovation
4. Approach
5. Environment
6. Candidate's Career Development or Readiness as a PI for an R01 Grant
7. Overall Impact Score

Instructions for Applicants

Scope of Research

Proposals must align with the work of the TCMHCC (see tcmhcc.utsystem.edu for more information) or with the state research priorities defined in Appendix 1.

1. Proposals must focus on improving the children's mental health system and/or children's mental health services in Texas. This may include understanding the causes of childhood psychiatric disorders. Proposals can also include perinatal research that clearly indicates and outlines the benefits to newborn and child health and well-being.
2. Basic bench research and pharmaceutical clinical trials are NOT eligible for funding.³
3. Proposals must be for one-time funding of initiatives that are completed within two years and that serve as the basis for obtaining future extramural funding from other sources.

³ Researchers can include other non-pharmaceutical interventions such as electromagnetic resonance or targeted magnetic stimulation treatment.

Eligibility Criteria

1. Only those affiliated with one of TCMHCC's participating health related institutions are eligible to apply.
2. Principal investigators may partner with Texas-based investigators at non-TCMHCC institutions as needed but will be responsible for coordinating and executing all needed agreements.
3. Prioritization will be given to applicants who have never been an NIH R-01 grant principal investigator and are at the rank of associate professor or below.
4. Trainees, including clinical and research fellows, are eligible and encouraged to apply.
5. Principal investigators must dedicate at least 25% of their effort to the grant, if awarded.
6. Investigators on training grants must dedicate at least 40% effort to the grant, if awarded.
7. Proposals that include more than one TCMHCC institution are encouraged to apply.
8. No more than 6 investigators from each TCMHCC participating HRI will be eligible to apply. The Chair of Psychiatry at the HRI will be required to provide the names of the up to 6 applicants that they support. However, they may provide backup applicants that may be invited to submit a full application if some HRIs identify less than 6 investigators.
9. Applicants who have already received NECMHR funding from a previous cycle are eligible to apply. However, strong preferences will be given to those who have not yet received funding. If an applicant receives funding for a NECMHR grant that overlaps with another NECMHR grant on which they are the PI, they will still be held to the requirements for minimum effort on each grant.

Grant Details

Research sponsored by TCMHCC should address issues to include one or more of the following: organization, delivery, financing, utilization, patient and provider behavior, outcomes, effectiveness and cost, related to child, adolescent, and perinatal behavioral health. Perinatal health research must clearly outline how it would benefit the health and well-being of newborns, children, and adolescents. Grants can evaluate both clinical services and the system in which these services are provided. Grants should focus on improving the evidence base to enable better decisions about behavioral health care, including such areas as improving access, diagnosis and treatment in cost-effective ways and reducing disparities based on geography, race, ethnicity, gender, or socioeconomic status. TCMHCC welcomes any area of behavioral health services research relevant to TCMHCC's priority areas as well as the HHSC evaluation priorities mentioned in Appendix 1.

Candidates are encouraged to focus on topical areas listed in Appendix 1, demonstrating how expected results can be used or made available to enhance child, adolescent, and/or perinatal behavioral healthcare quality. Study findings should be directly relevant to audiences such as providers and practitioners, administrators, payers, consumers, policymakers, and insurers.

Candidates are encouraged to address health services research issues critical to Texas priority populations, including individuals living in inner city or rural (including frontier) areas; low-income and minority groups; women and children; and individuals with special health care needs, including those with disabilities.

Candidates are expected to demonstrate a thorough understanding of and comply with all applicable HRI policies, procedures, and regulatory requirements governing the conduct of research. This includes, but is not limited to, requirements related to data storage and security, protection of confidential and sensitive information, data sharing, records retention, and compliance with applicable federal, state, institutional and sponsor regulations. Candidates are also expected to understand and adhere to their HRI's Institutional Review Board (IRB) requirements and policies, including obtaining all necessary approvals prior to initiating research involving human participants and maintaining compliance throughout the project period. Additionally, candidates are responsible for following their HRI's policies regarding appropriate, ethical, and secure use of artificial intelligence (AI) tools in research activities, including any restrictions related to the use of AI with confidential, proprietary, or protected research data, authorship, data analysis, and research integrity.

There will be three grant types, including:

1. **NECMHR03-PDFT - Post-doctoral Fellow and Trainee**

Description: This training grant provides post-doctoral fellowship to clinicians/researchers with children, adolescents, or perinatal mental health research training opportunities. This grant provides support and protected time for an intensive, supervised career development experience in children, adolescent and perinatal behavioral health research leading to research independence. This grant can also be used for individuals who propose to train in a new field or for individuals who have had a hiatus in their research.

Amount: Approximately \$75,000 per year for a total of no more than \$150,000 for the biennium per awardee. This maximum amount is inclusive of indirect cost.

Eligibility: To be eligible, applicants must have a research or health-related professional doctoral degree, be a current trainee at one of the TCMHCC institutions and have the support of the HRI's Chair of Psychiatry.

Requirement: Applicants will need to identify a research project that can be completed in less than 2 years and demonstrate the support of a mentor (see Mentorship for Training Grants below) as well as the Chair of Psychiatry at their HRI. Mentors can be affiliated with a different institution from the PIs. Co-mentors can be affiliated with an institution outside of Texas but cannot have funded time on the grant. Applicants must include a career development plan that includes how they will develop competence in research methodologies and skills. They must commit to a minimum of 12 months with at least 40% full-time professional effort, directly on their research project and career development activities. The remaining effort can be devoted to additional research, teaching, clinical work, or other efforts complementary to the career development of the awardee.

2. **NECMHR03-RCD - Research Career Development**

Description: This training grant provides residents, fellows, and early career clinicians/researchers with individual and institutional research training opportunities in child, adolescent, or perinatal behavioral health research. The purpose of this grant is to prepare junior clinicians with little to moderate research training for careers that have a significant impact on the health-related research needs of the State and to become an independent clinician-scientist. This program provides support and protected time for an

intensive, supervised research career development experience in the field of child, adolescent, and perinatal behavioral health research, including translational research.

Amount: Approximately \$150,000 per year for a total of no more than \$300,000 for the biennium per awardee. This maximum amount is inclusive of indirect cost. The annual budget needs to be spent on salary (up to \$100,000) and the project (up to \$50,000)

Eligibility: To be eligible, applicants must be affiliated with one of the TCMHCC HRIs and have the support of the HRI's Chair of Psychiatry. They must be an assistant or associate professor faculty (early/mid- career) with no prior independent grant for federal funding.

Requirements: Applicants will need to identify a research project that can be completed in less than 2 years and identify and demonstrate the support of a supervisor at their institution. Applicants must include a career development plan that includes how they will develop competence in research methodologies and skills. They must commit to a minimum of 12 months and a maximum of 24 months with at least 40% full-time professional effort directly on their research project and career development activities. The remaining effort can be devoted to additional research, teaching, clinical work, or other efforts complementary to the career development awardee.

3. **NECMHR03-RP - Research Project**

Description: Supports a discrete, specified, circumscribed child, adolescent, or perinatal mental health project to be performed by the investigator(s) in an area representing the investigator(s)'s specific interest and competencies while aligning with TCMHCC's listed and HHSC priorities.

Amount: Approximately \$250,000 per year for no more than \$500,000 for the biennium per awardee. This maximum amount is inclusive of indirect cost.

Eligibility: To be eligible, applicants must hold a faculty position at one of the HRIs.

Requirements: Applicants must demonstrate that the research project proposed is specific to their interest and competencies. The research proposed would have a minimum of 12 months and a maximum of 24 months with at least 25% full-time professional effort directly on their research project.

Expectations in the review process of the proposals will be based on the type of grant a candidate is applying to. Please note that grants that require higher levels of research expertise will have more stringent review criteria. If the review committee determines that the candidate is not eligible for one type of grant, they may provide conditional approval for another type of grant.

Proposal Budgets and Expenses

- Indirect costs for proposals will be limited to 15%. Subcontract must also adhere to the limited indirect of 15%.
- Mentors can receive up to 5% salary support with salaries capped at \$225,700*.
- Institutions with mentors outside of a PI's institution will be responsible for setting up and executing any agreements needed.
- All salaries on the grant will be capped at \$225,700.*
- Budgets cannot exceed the award amounts specified under the Grant Details section.
- Refer to Appendix 4 for allowable costs.

*Please note that salary caps are maintained for the full duration of the grant.

Mentorship for Training Grants

NECMHR03-PDFT (Post-doctoral Fellow) and NECMHR03-RCD (Research Career Development) require mentorship and/or supervision. A mentor is expected to provide guidance throughout both the proposal development process and the award period. This may include assisting applicants in refining research ideas, providing feedback on proposal design and methodology, reviewing proposal materials prior to submission, and serving as a formal mentor throughout the duration of the award cycle. If the researcher is awarded the grant, the mentor would guide them through their research and publication of findings. They would have up to 5% salary support (using the \$225,700 salary cap).

If a mentor is not available at the institution of the applicant, applicants can reach out to one of the cross-institutional mentors. Cross-institutional mentors are senior faculty at TCMHCC HRIs who provide mentorship to any applicant from any TCMHCC HRI. In this circumstance, a letter of support from the Chair of Psychiatry at the mentoring HRI will be required. The letter should confirm that the Chair is aware of and supports the proposed mentorship arrangement involving faculty from another institution. It should also acknowledge that the HRI has the capacity and commitment to provide the requested mentorship.

For questions regarding proposal development, applicants are encouraged to contact UT System, and we can help facilitate a warm introduction to a potential mentor. Applicants may also work directly with their Chair of Psychiatry for guidance in identifying an appropriate mentor.

The mentors' names are listed in Appendix 5.

Application Process and Timeline

Key dates include:

- NOFO Release Date – July 8, 2026
- NECMHR NOFO Informational webinars
July 30, 2026, at 10am

<https://events.teams.microsoft.com/event/74012730-2219-497c-b1cc-dbbcb4fdbfb8@61399d5f-249c-44d0-b271-adc287f323ff>

Aug. 5, 2026, at 11am

<https://events.teams.microsoft.com/event/6e54df12-a927-41c6-9eab-40a4c903d21c@61399d5f-249c-44d0-b271-adc287f323ff>

- Request For Pre-applications Release date – September 1, 2026
- Deadline for pre-application – September 30, 2026
- Full Application invitations – October 1, 2026
- Full application deadline – February 1, 2027
- Notify candidates of conditional award – July 1, 2027
- Start of FY2829 grant – September 1, 2007

All submissions of pre-applications and applications will be made using the TCMHCC grant submission software link which will be provided on the [TCMHCC NECMHR site](#).

Pre-application

All applicants will be required to complete a pre-application which provides a synopsis of the proposed project and the following information.

- Name, address, and telephone number of grant applicant
- Name(s) of the principal investigator(s)
- Descriptive title of proposed research
- Summary of proposed research (maximum 500 words)
- Names of other key personnel, their role, and affiliated institutions
- Grant Type applying to
- Resume (as an attachment)

! Before submission of the pre-application, you will need to contact your Chair of Psychiatry. Applications for applicants who do not contact their Chair of Psychiatry and receive approval prior to the pre-application deadline will not be accepted.

Full Application Components and Documents

Only individuals invited by TCMHCC to submit a full application after the pre-application phase will be granted access to the full application. The application has 12 sections. Complete all 12 sections in full as follows:

1. Contacts and Personnel

- Application Submitter name and contact information
- Principal Investigator name and contact information
- Key Personnel and roles (including mentor(s) and/or advisor(s) – if needed for the grant type). Please note that mentors can be affiliated with a different HRI than the PIs. Co-mentors can be affiliated with an institution outside of Texas but cannot have funded time on the grant.

See Form1 in Appendix 2 for more information.

2. Research and Related Information

Human subject and IRB questions. Please note that candidates are not expected to have completed the IRB process at the time of application but must be completed prior to starting the research. See Appendix 2 for additional information.

3. Candidate Information and Career Development Goal

Provide a summary of the candidate's background, their career development goals outlining what they expect to gain out of the grant. Training candidates may use a gap-based approach to identify the training and expertise they already have and the expertise and training that they must gain to achieve their research career goals. Research grant candidates should provide details on how their proposal will act as a steppingstone towards future success in being awarded state and federal grants. Limit

5,000 characters including spaces. Also note that additional space was provided in the grant software to enter any references that you may have associated with the Career Development Goal.

4. Project Summary/Abstract

The project summary or abstract for the overall proposal. Limit 5,000 characters including spaces. Include the project's broad, long-term objectives and specific aims. Also includes the unique features and innovation of the project, the methodology to be used to achieve the stated objectives, expected results, and description of how your results will affect other research areas. Do not include proprietary or confidential information in the abstract. Write in plain language so that even a non-scientist can understand the importance of the project. Also note that additional space was provided in the grant software to enter any references that you may have associated with the Project Summary/Abstract.

5. Public Health Relevance

Ensure the description of the project's potential to improve public health is clearly articulated. The public health relevance statement should be written in plain language that can be understood by a general, lay audience, as well as your reviewers and colleagues. Limit to 3,000 characters including spaces. Also note that additional space was provided in the grant software to enter any references that you may have associated with the public health relevance.

6. Project Aims, Goals and Research Strategies

Include the project's aims, goals, project design, and research strategies in the proposal. There should be a maximum of 3 aims. The research strategy is a description of your proposed project and the rationale for pursuing it. It should be structured to include significance, innovation, and approach. The significance, innovation, and approach can be addressed separately for each specific aim or collectively for all aims. As a reminder, it is the responsibility of each candidate to ensure all research activities are conducted in accordance with institutional policies and applicable ethical regulatory standards. You can use the following as a guide for your research strategy and your Specific Aims

- I. Background and Rationale
 - a. Introduce the topic of the proposal. What is the problem being addressed and why is it important?
 - b. Describe the knowledge gap and/or unmet need the proposal will address.
 - c. Introduce the central hypothesis and provide background and preliminary data to support it.
 - d. Summarize the overarching goal of the proposal.
- II. Specific Aims- for each aim:
 - a. Provide a short, descriptive title. What will be addressed with this part of the project?
 - b. 2-3 sentences describing activities to be performed, hypotheses, and predicted outcomes. (Aims should have clear, measurable outcomes).
 - c. Include sub-aims, if needed.
- III. Significance/Impact
 - a. Describe innovation and the novel features of your proposal.

- b. Describe the significance of the proposed research, and potential impact on the children and adolescent, perinatal and/or pediatric mental health fields.
- IV. Approach & Impact (for each aim either separately or collectively)
 - a. Describe the approach you would use to address the aim(s) identified.
 - b. Describe the potential impact of your project.

The uploaded document should be no more than 8 pages excluding the references cited. Provide references for your proposal. We do not require a specific citation format but use a standard format that is used by the National Library of Medicine (see [Citing Medicine](#)). Upload as a pdf.

7. Project Timeline

The project timeline as a Gantt chart or a table for the entire period of the project (2-years). Up to 2 pages. Include high-level activities and attach as a pdf. See example timeline in Appendix 2.

8. Facility, Resources and Equipment

Indicate the facilities, resources, and equipment that you will have access to during this grant. Include personal computers, software, etc.

9. Mentoring and Commitment to Training

Letters of institutional (Department heads, etc.) and mentor commitments to providing the training and oversight needed for the Research Career Development or the Post-doctoral Fellow and Trainee grant are required. Upload up to 5 letters as pdfs.

10. Letters for Support

It is expected that the PI will discuss any proposals associated with state run programs, or TCMHCC programs with the program leads or Medical Directors. Any proposal that pertains to TCMHCC programs requires a letter of support from the Program Medical Director. Proposals that evaluate or research existing state-run programs require letters of support from the agency/organization running the program. If the proposal requires access to secondary data, attach any approvals provided to access the data.

11. Biographical Sketches

See Appendix 2 for the formatting. Provide bios for key personnel, mentors, and co-mentors.

12. Budget Detail and Justification

Provide the budget and budget justification using the template in Appendix 2. There is also an Excel format for the budget that you can download that is prepopulated with the calculations under the list of documents on the grant webpage. Provide brief and concise justification of the budget for the entire proposed period of support, including specific descriptions of charges for personnel, travel, equipment, supplies, contractual services, and other expenses. For any subcontracts, itemize and provide a brief description of each item to be paid through the contract (e.g., personnel, travel, equipment, supplies, services, or other expenses). Budget justification should not exceed 6-pages. See Appendix 2 for templates and additional information. Please see Appendix 4 for allowable costs. Please note that expenses associated with international travel in general are not allowable costs. Special considerations may be made but require

approval by the Chair of Psychiatry of your HRI and a submitted exception request by the UT System.

Format for Attachments

For all attachments, you will need to follow the following font and margin specifications. All submissions should be in pdf format.

Font

Font size must be 11 points or larger. Smaller text in figures, graphs, diagrams, and charts is acceptable, if it is legible when the page is viewed at 100%. Some pdf conversion software reduces font size. It is important to confirm that the final pdf document complies with the font requirements.

Type density: Must be no more than 15 characters per linear inch (including characters and spaces).

Line spacing: Must be no more than six lines per vertical inch.

Text color: No restriction. Though not required, black or other high-contrast text colors are recommended since they print well and are legible to the largest audience.

We recommended the following fonts, although other fonts (both serif and non-serif) are acceptable if they meet the above requirements.

- Arial
- Georgia
- Helvetica
- Palatino Linotype

Legibility is of paramount importance. Applications that include pdf attachments that do not conform to the minimum requirements listed above may be withdrawn from consideration.

Paper Size and Margins:

Use paper (page) size no larger than standard letter paper size (8 ½" x 11").

Provide at least one-half inch margins (½") - top, bottom, left, and right - for all pages. No applicant-supplied information can appear in the margins.

Oversight and Tracking

Once a candidate receives conditional approval for their grant application, they will have 1 week to confirm that they wish to proceed with the awarded grant. Agreements for the awards will be set up, executed, and started by 9/1/2027. In the case that there are delays in award execution, PIs can initiate all work on research project on 9/1/2027 and invoice for all effort starting 9/1/2027 and prior to contract execution. Effort related to research project planning and IRB application and approval starting September 2027 can be invoices as part of the project. All awardees will be required to abide by the following:

1. On a quarterly basis, the grantee is required to provide a 2-3-page progress report (see template in Appendix 3) that includes a summary of expenditures to date, status of the

project, activities from the previous quarter, activities for the upcoming quarter, and any barriers encountered. Submissions not using provided templates or missing information will be rejected, and PI will be required to resubmit within 2 weeks of original submission deadline.

2. Failure to provide timely reports, achieve research/training progress without reason or a corrective plan, or expend the budget as planned, may result in withholding funds.
3. Grantees unable to complete their research or are no longer affiliated with one of the 12-TCMHCC institutions or leave the state of Texas during the terms of the grant should notify the TCMHCC immediately. If another member of the research team affiliated with one of the 12 institutions can take the lead on the project, then a change of PI/Project Director will be made, otherwise the funding for the project will cease.
4. Funds will be allocated during FY2028/2029 using a combination of a fee-for-service and deliverable agreement.

Please address any questions or inquiries to tcmhcc-research@utsystem.edu. Place NECMHR in subject line for prompt response.

Appendix 1a – HHSC Research Priority Areas and Questions



Evidence-based Practice Research Proposal Topics

Theme

Assessing the clinical effectiveness and return on investment associated with evidence-based practices such as Coordinated Specialty Care (CSC), Multisystemic Therapy (MST), Wraparound Services, and Youth Empowerment Services (YES) for children and adolescents with complex needs and multi-system involvement.

Description

This research aims to evaluate the clinical effectiveness and return on investment associated with multiple mental health programs for children and adolescents with complex needs and multi-system involvement. The focus will encompass the following programs: CSC,⁴ MST,⁵ Wraparound Services,⁶ and YES.⁷ This research will investigate program impacts, challenges, and opportunities for improvement, contributing to enhanced mental health services for children and adolescents.

Below are the program summaries associated with the Health and Human Services Commission (HHSC)-funded programs and required evidence-based practices.

Program Summaries

Coordinated Specialty Care (CSC)

- **Description:** CSC provides outpatient behavioral health services for individuals aged 15 to 30 with psychosis components, emphasizing team-based approaches.
- **Fidelity Monitoring:** CSC contractors are required annually to complete a fidelity assessment through the OnTrackNY Fidelity Protocol. HHSC contracts with the University of Texas to provide a fidelity report on peer specialist run recovery programs and CSC is a part of this fidelity report.
- **Program Outcomes:** CSC has demonstrated reductions in crisis service utilization and HHSC-funded inpatient psychiatric hospitalizations, resulting in cost savings.

⁴ [Coordinated Specialty Care for First Episode of Psychosis | Texas Health and Human Services](#)

⁵ [25D0132 CPSO BHS Multisystem Therapy Flyer v1](#)

⁶ Wraparound Services are provided in Level of Care 4, Level of Care YES, and Level of Care Transition Age Youth for children and adolescents. This is further outlined in Utilization Management Guidelines.

⁷ [YES Waiver | Texas Health and Human Services](#)

Multisystemic Therapy (MST)

- **Description:** MST targets children and adolescents with serious antisocial behavior and justice involvement. MST Services is the training entity for Local Mental Health Authorities (LMHAs) and Local Behavioral Health Authorities (LBHAs).
- **Fidelity Monitoring:** MST Services, the training and technical assistance center contracted with LMHAs and LBHAs, utilizes and operates its own Quality Assurance and Quality Improvement program to measure implementation.
- **Program Outcomes:** MST addresses the core causes of delinquent and antisocial conduct by identifying key behavior drivers through an ecological assessment. The clinician then tailors the treatment to target that child's specific drivers.

Wraparound Services

- **Description:** Children and adolescents who receive intensive services with community providers utilize the Wraparound planning process to address unmet needs. Wraparound is a collaborative planning approach that brings together formal and natural supports to create an individualized plan that aligns with the family's vision, builds upon family strengths, and addresses unmet needs.
- **Fidelity Monitoring:** The Wraparound planning process is required for LMHA and LBHA Level of Care (LOC) 4 and LOC YES Waiver, and the provision of Intensive Case Management (ICM).
- **Program Outcomes:** As outlined in the [Texas Resilience and Recovery Utilization Management Guidelines and Manual | Texas Health and Human Services](#)

children and adolescents with Serious Emotional Disturbance (SED) or a mental health diagnosis are at increased risk for school dropout, arrest, unemployment, and challenges associated with independent living.

Youth Empowerment Services (YES) including Wraparound Planning

- **Description:** YES Waiver offers ICM and a specialized service array for children and adolescents with serious mental, emotional, and behavioral difficulties.
- **Fidelity Monitoring:** To ensure program fidelity, the YES Waiver program has partnered with the National Wraparound Implementation Center (NWIC) to ensure the family-centered wraparound model is delivered in an effective and individualistic manner. Texas Certified Community Behavioral Health Clinics (T-CCBHCs) must provide the Wraparound model.

- **Program Outcomes:** YES Waiver demonstrated a decrease in crisis service utilization and is shown to be effective at preventing out-of-home placement and promoting life-long success.

Research Objectives

1. Evaluate the clinical effectiveness of these mental health programs, including their impact on crisis service utilization, hospitalizations, and outcomes for children and adolescents.
2. Investigate common challenges and barriers faced by these programs, such as licensing requirements, workforce shortages, and training needs.
3. Assess the potential return on investment associated with these programs, considering cost savings in reduced hospitalizations and crisis services.
4. Provide recommendations for program improvements, including strategies for smoother transitions between children and adolescent services and adult services and opportunities for expanding access to these programs.
5. Identify evidence-based practices and best practices for delivering family-centered care within these programs.

Relevant Links:

[Children's Mental Health HHSC Webpage](#)

[MentalHealthTX.org](#)

[Wraparound Process User's Guide: A Handbook for Families](#)

[Family Guide: Children's Mental Health Services \(texas.gov\)](#)

[YES Waiver | Texas Health and Human Services](#)

[Texas System of Care: Strengthening Mental Health Services for Children and Families | Texas Health and Human Services](#)

[MST Services | Multisystemic Therapy for Juveniles](#)

[Texas Certified Community Behavioral Health Clinics | Texas Health and Human Services](#)

[Coordinated Specialty Care for First Episode of Psychosis | Texas Health and Human Services](#)

[Texas Resilience and Recovery Utilization Management Guidelines and Manual | Texas Health and Human Services](#)

Contacts

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Prevention and Early Intervention Research Proposal Topics

Theme

Reviewing early predictors of mental health in children and strategies for prevention and early intervention that yield the best return on investment and clinical and non-clinical (e.g., family partner and peer services) outcomes of the children and families served.

Description

Ideally, a system of care (SOC)⁸ for children includes effective prevention and early intervention programs that decrease the number of children affected by mental health challenges and lessen the severity of symptoms and livelihood of those who experience a mental health disorder. Prevention and early intervention programs for children may be implemented at any time from birth through age 17 years, before the child has experienced any risk factors for developing a mental health disorder or after the youth has begun displaying symptoms. As the negative effects of trauma and adverse childhood experiences (ACEs) become more widely recognized and research on positive childhood experiences grows, increasing access to prevention and early intervention programs that may mitigate the impact of trauma and ACEs on children is of particular interest. Ameliorating early symptoms of a mental health disorder, therapeutically addressing trauma and risk factors, and building resilience improve the quality of life of children and families and prevents the need for higher intensity mental health services, interaction with the juvenile justice system, and improves school performance. In this way, upstream interventions can target and impact an array of life circumstances and mental health conditions and may not always be categorized as mental health services. For instance, the Department of Family and Protective Services Prevention and Early Intervention division's goal is to prevent child abuse; however, the interventions have similar benefits to those listed above, such as reduced juvenile justice involvement, improved school performance, and improved mental health. What are the components of an ideal children's mental health system?

Significant research demonstrates the impact of ACEs and trauma on children's long-term mental and physical health; however, additional research is needed to understand how Texas is therapeutically addressing trauma in children who, for example, may be witnessing or experiencing violence in the home. Using violence in the home as an example of a trauma and ACE, Health and Human Services Commission-funded family partner services can provide support to the parents or caregivers as they navigate treatment for their child as part of the SOC that includes access to mental health services, educational supports, assistance navigating juvenile justice and child welfare systems, faith-based support, and linkage to other community resources as applicable for the family. Children who receive services through the Local Mental

⁸ [The Evolution of the System of Care Approach.](#)

Health Authorities and Local Behavioral Health Authorities are given the Child and Adolescent Needs and Strengths (CANS) assessment to determine the child and family's needs and strengths and services required to meet their needs. The CANS assessment is completed every 90 days (about 3 months) during treatment to assess the child's functioning and response to treatment. How does an upstream intervention such as family partner services affect a child's CANS scores throughout treatment?

Similarly, what impact does addressing non-medical drivers of health (NMDOH) in families have on preventing or mitigating early symptoms of mental health disorders in children? Addressing NMDOH may require interventions implemented with, or by parents, schools, and communities, as opposed to children specifically, and may not be categorized as a mental health intervention. The stress of parenting can take its toll on parents' emotional well-being. How can interventions with parents interrupt generational patterns for ACEs, trauma, and unhelpful coping strategies to improve children and family resilience and adaptability to life circumstances? There are interventions that can be provided to parents as early as pregnancy. These interventions mitigate the impact of prenatal biopsychosocial risk factors on fetal development and extend into the postpartum period when a parent's risk for perinatal mood or anxiety disorders increases and can significantly impact the child's social development and likelihood of developing a mental health disorder later in life. The CANS assessment includes questions about NMDOH. Does addressing NMDOH impact engagement with mental health services and clinical outcomes?

The impact of youth peer support on the trajectory of recovery from mental health disorders for older youth is a topic gaining more attention across Texas and the country. When youth participate in youth peer support activities, what impact, if any, is reflected in their CANS scores? What type of funding is most effective for establishing and maintaining a strong youth peer support program? What qualities do effective youth peer support programs share?

Looking at the SOC and array of children's mental health services, identifying prevention and early intervention services that should be added to the array, outcomes associated with these interventions, and return on investment will be informative to HHSC's partnerships and planning with other organizations to improve the mental health of children. HHSC wants to better understand the current barriers and challenges to reaching children early, in addition to, recommended interventions that may be implemented across child and family-serving providers and systems such as education (including childcare and early learning), juvenile justice, child welfare and social services, and primary care.

Additional information on the prevention and early intervention topics presented here is available by clicking on the links below, as well as in the library of briefing documents, journal articles, and reports compiled on this topic.

[Prevention and Early Intervention in Mental Health | Mental Health America \(mhanational.org\)](https://mhanational.org/prevention-and-early-intervention-in-mental-health)

[Prevention and Early Intervention in Mental Health- Early Childhood to Puberty | Mental Health America \(mhanational.org\)](https://mhanational.org/prevention-and-early-intervention-in-mental-health-early-childhood-to-puberty)

[Trajectories and predictors of risk for mental health problems throughout childhood - Vella - 2019 - Child and Adolescent Mental Health - Wiley Online Library](#)

[What Works? A Study of Effective Early Childhood Mental Health Consultation Programs](#)

https://gucchd.georgetown.edu/products/ECMHCTestudy_Report.pdf Parent partner program – Casey Family Programs

[Substance Use: Family-based Interventions to Prevent Substance Use Among Youth \(thecommunityguide.org\)](#)

[What ACEs and PCEs do you have? | PACEsConnection](#)

[PACEs Science 101 \(FAQs\) — Positive and Adverse Childhood Experiences | PACEsConnection](#)

[DFPS - Prevention and Early Intervention \(PEI\) \(texas.gov\)](#)

Contacts

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Additional Questions by Health and Human Services Commission:

1. What is the impact of social media on youth behavioral health, exploring usage patterns and guidelines for healthy engagement.
2. The impact of addressing non-medical drivers of health (e.g., housing, food insecurity, and transportation) on the prevention and early intervention of child behavioral health conditions, utilization of behavioral health services, family engagement, and family stability.
3. Exploring the efficacy of and clinical outcomes associated with Texas-based implementation of evidence-based practices to include Coordinated Specialty Care for First Episode Psychosis, Multisystemic Therapy, Wraparound Services, and Youth Empowerment Services.

Appendix 1b – Additional Agencies’ Research Priority Areas and Questions

Department of Family and Protective Services Proposed Questions:

1. Effects of perinatal and post-partum maternal depression on children’s mental health and identification of effective family-centered treatment modalities to address and prevent maternal depression and prevent pediatric mental illness.
2. Analysis of parental custody relinquishment, joint managing conservatorship, and refusal to accept parental responsibility cases in Texas, including: 1) root causes for these decisions to be made, points of intervention needed to prevent these situations from happening, key factors leading to these decisions being made, what services are needed to prevent these decisions from being made, identification of policy, financial or programmatic barriers to accessing services that are needed to prevent these decisions from being made and recommendations for policies, funding and programmatic modifications that would address this issue and prevent these situations from occurring; and 2) longitudinal analysis of the impact to children and youth effected by these decisions (clinical outcomes, placement outcomes, social outcomes, in other words what happened to the youth impacted by these decisions).

Texas Juvenile Justice Department:

1. Disruptive behavior in early childhood. Interventions for elementary-aged children. How do disorganized family patterns impact this and how do we get the families the support they need?
2. How can caregiver training help with disruptive behavior, to keep family units together? Thinking about opportunities to assess early pathways into Children Without Placement (CWOP).
3. Assessing treatment modalities that are effective in child welfare spaces? What models are sustainable and how does continuity of care work? For example, FFT and MST are great but very time limited and resources are heavy. Could the state build in more flexible longitudinal supports post interventions?
4. How is YES waiver utilized and implemented with Juvenile Justice involved youth?
5. What is Texas’ real need for Residential Treatment Centers (RTCs)? We frequently hear and experience the shortage of RTCs for high needs youth. How do we measure these programs’ effectiveness at healing early attachment insults and building sustainable family systems?

Texas Department of State Health Services:

Research Questions aligned with the following Title V Needs Assessment:

1. Increasing developmental screening in the primary care setting

2. Mental health access and the role of telehealth
3. Mental health in rural versus urban parts of Texas
4. Supporting parents in engaging with their children around mental health
5. The role of Positive Youth Development in mental health

Hogg Foundation for Mental Health:**Children & Youth**

1. Examining prevention of loneliness and isolation for children and youth
2. Investigating how digital platforms affect children's mental health, including both positive and negative impacts, and developing guidelines for healthy usage.
3. Exploring best practices for supporting children who have experienced trauma, including natural disasters, violence, and crisis so that they can grow and thrive
4. Exploring how family relationships and parenting styles influence children's mental health, and creating resources to support parents in fostering a healthy home environment
5. Developing tools and strategies for early detection of mental health issues in children, and implementing early intervention programs to prevent the escalation of these issues
6. Studying how economic instability, poverty, and related stressors affect children's mental health, and identifying policies and programs that can mitigate these effects
7. Examining the connection between physical health and mental well-being in children, and promoting integrated care approaches that address both aspects simultaneously
8. Understanding how cultural background and community environment impact children's mental health, and tailoring interventions to be culturally sensitive and community-specific
9. Developing tools and strategies to address traumatic brain injury and the mental health issues that arise in children and youth, especially as it relates to their functionality in school, increased risk of DFPS involvement, and increased risk of juvenile justice involvement.

Perinatal & Maternal Health

1. Exploring what perinatal mental health policies have been successful in non-Medicaid expansion states
2. Examining what resources and supports are proven to improve perinatal mental health for underserved communities

School Mental Health

1. Exploring how schools can address the social emotional needs of underserved communities
2. Researching the effectiveness of mental health interventions within schools, such as counseling services, mindfulness programs, and peer support groups.

Medicaid

1. Examining what Medicaid services could be enhanced in Texas to support children's mental health

Capacity Building

1. Exploring how teens can be coached, mentored, and trained to do community-based participatory research
2. Exploring how we can build capacity for organizations that support children's mental health

Texas Council of Community Centers:

1. Identifying Effective Therapy Modalities for Children with Intellectual Disabilities and Co-occurring Mental Health or Substance Addiction Disorders. Children with intellectual and developmental disabilities (IDD) are at a higher risk of developing mental health challenges and substance addiction issues as compared to their typically developing peers. Despite this increased prevalence, there is a significant gap in research regarding effective treatment modalities for this population. This study aims to address this gap by evaluating various therapy approaches for children and youth with IDD who also experience mental health challenges or substance addiction issues.
2. Identifying Effective Care Models for Children in State Conservatorship. Children in state conservatorships often have complex needs, including mental health issues, developmental disabilities, trauma, and substance addiction. Current care models, such as therapeutic foster care (TFC) and multisystemic therapy, show promise but require further evaluation to determine their effectiveness in meeting these diverse needs.

Texas Child Mental Health Care Consortium Research Questions:**Texas Child Health Access Through Telemedicine (TCHAT):**

1. Identify predictors of referrals, access, completion of services, efficacy of services, diagnosis, and/or child behavioral health outcomes?
2. Do the number and type of services provided through TCHAT predict child behavioral health outcomes?
3. Longitudinal Study: What is the effect of student participation in TCHAT services on specific student mental health outcomes (e.g., anxiety, depression) 1-year post student consultation?
4. Association with School Outcomes: Among students served by TCHAT, what is the effect of TCHAT on specific student school outcomes (e.g., attendance rates, academic performance, disciplinary actions, and graduation rates)?
5. Implementation Study: Examine and compare TCHAT implementation strategies to identify best practices for integrating TCHAT into school settings. Suggested implementation research questions may be the following:

- a. What are the best practices for TCHAT and what implementation strategies are shown to facilitate:
 - i. School adoption, implementation, and sustainment of the TCHAT program.
 - ii. Integration of TCHAT into school settings.
- b. What is the effect of implementation strategies on school implementation of TCHAT, specifically examining implementation feasibility, fidelity, and school implementers' satisfaction with the program, and effect on students reached and served by the outcomes?
- c. How do school-based contextual factors influence TCHAT adoption, implementation, and sustainment of TCHAT in schools?

Child Psychiatry Access Network (CPAN)/ Perinatal Psychiatry Access Network (PeriPAN):

1. What are the predictors of PCP engagement (new and ongoing calls to the access network)?
 - a. CME usage
 - b. Type of chief complaint or diagnosis during access call
 - c. PCP characteristics
2. What are the primary barriers for PCPs to accessing the access network, particularly in underserved communities?

Additional Perinatal Mental Health Questions:

1. Predisposing demographic factors of Perinatal Psychiatric Disorders: What are the underlying biological, psychological, social, and environmental factors contributing to the development of perinatal psychiatric disorders in diverse Texas populations with diverse demographic makeup, and how do these factors vary across different demographic groups?
2. Effectiveness of tailored Interventions with consideration of the patient's demographics: How do integrated care models that combine obstetric and mental health services impact maternal mental health outcomes, service utilization, and overall satisfaction with care during the perinatal period?
3. How to implement Screening and Early Identification considering diverse demographic patient population: What are the most effective screening tools and strategies for early identification of perinatal psychiatric disorders in diverse healthcare settings across Texas?
4. Workforce Development and Training that takes into consideration of a diverse patient population: How can training programs for healthcare providers, including obstetricians,

pediatricians, and mental health professionals, be enhanced to consider the diverse patient demographics in the State of Texas to improve the identification, referral, and management of perinatal mental health conditions?

For further inquiries about the questions/priorities above, please contact tcmhcc-research@utsystem.edu.

Appendix 2 – Grant Application Templates & Examples

Main Application

1. Type of Submission			
☐ Research Career Development ☐ Research Project ☐ Post-doctoral Fellow and Trainee			
2. Date of Submission Click or tap to enter a date.		Applicant Identifier [to be completed by TCMHCC]	
3. Applicant Information			
First Name	Middle Initial	Last Name	Role on Grant
Job Title			
Department		Institution	
Street Address			
City	State	Zip Code	
Phone Number		Email	
4. Project Director / Principal Investigator Contact Information (if different than applicant)			
First Name	Middle Initial	Last Name	Role on Grant
Job Title			
Department		Institution	
Street Address			
City	State	Zip Code	
Phone Number		Email	
5. Senior / Key Personnel			
Name	Organization	Role Category	Specify for Other Role
		Choose an item.	
		Choose an item.	
		Choose an item.	
		Choose an item.	
		Choose an item.	
		Choose an item.	

		Choose an item.	
		Choose an item.	
		Choose an item.	
		Choose an item.	

6. By signing this application, I certify (1) to the statements contained in the list of certifications* and (2) that the statements herein are true, complete, and accurate to the best of my knowledge. I also provide the required assurances * and agree to comply with any resulting terms if I accept an award. I am aware that any false, fictitious, or fraudulent statements or claims may subject me to criminal, civil, or administrative penalties. (U.S. Code, Title 18, Section 1001)

☐ I agree*

Signature _____ Date [Click or tap to enter a date.](#)

*A non-expired CITI certification is required and should include at a minimum: 1. Research involving Human Subjects, 2. HIPAA and Human Subject Research, 3. Informed Consent, 4. Conflicts of Interest in Research Involving Human Subjects, 5. Populations in Research Requiring Additional Considerations, 6. Research Involving Children, 7. Plagiarism, 8. Research Misconduct, 9. Authorship, 10. Collaborative Research, 11. Mentoring, and 12. Peer Review. Additional requirements may be requested depending on the proposed research. The above items are modules under the CITI Biomedical Research and Key Personnel Course.



Research & Related Information

1. Are Human Subjects* Involved in your research? ☐ Yes ☐ No If Yes to Human Subjects: IRB Status? ☐ Pending ☐ Approved ☐ Exempt ☐ Not yet Initiated If approved or exempt, attach the IRB letter to the application IRB Approval Date Click or tap to enter a date. Human Subject Assurance Number
2. Is proprietary/privileged information included in the application? ☐ Yes ☐ No
3. Does this project involve activities outside the United States or partnerships with international collaborators? ☐ Yes ☐ No If yes, identify the countries: Explain expected involvement in project:

Project Timeline Example

Project timeline needs to be submitted using a Gantt chart or table and should identify project major tasks and activities providing approximate dates/timelines over the span of the project. Once created, convert to a pdf and upload onto the application.



Biographical Sketch

BIOGRAPHICAL SKETCH			
Provide the following information for collaborators listed on this application. Follow this format for each person. DO NOT EXCEED FIVE PAGES			
NAME		POSITION TITLE	
EDUCATION/TRAINING (<i>Begin with baccalaureate or other initial professional education and include postdoctoral training.</i>)			
INSTITUTION AND LOCATION	DEGREE (if applicable)	YEAR(s)	FIELD OF STUDY

A. Positions and Honors. List, in chronological order, previous positions, concluding with your present position. List any honors. Include present membership on any Federal Government public advisory committees.

B. Selected peer-reviewed publications, in chronological order (earliest to recent). Do not include publications submitted or in preparation. For publicly available citations, URLs or PMC submission identification numbers may accompany the full reference.

C. Other information considered essential for evaluating your qualifications.

Detailed Budget

Budget Period _____	Start Date Click or tap to enter a date.	End Date Click or tap to enter a date.
---------------------	--	--

Faculty and Staff

Role	Name	Year 1 Base Salary	Fringe Benefit Rate	Number of Months	FTE	Salary Amount	Benefit Amount	Total Amount
Total Faculty and Staff								

Overall Expenses

Category	Unit Cost	Units	Total Amount
Faculty and Staff			
Travel			
Publishing Costs			
Materials and Supplies			
Consultant Services			
Subawards			
Other			
Subtotal			

Subtotal for Budget Year #1	
Indirect Rate	
Indirect	
Total	

Budget-Justification

The project covers a 24-month time period from September 1, 2027, through August 31, 2029, with two budget periods:

Budget Year 1 (12 months): 09/01/2027-08/31/2028

Budget Year 2 (12 months): 09/01/2028-08/31/2029

Salaries and Fringe Rates

Senior/Key Personnel

List each senior and key personnel, their job title, and their role on the grant. Include their FTE and number of months for year 1 and year 2, along with the justification of their efforts on the grant.

Other Personnel

List each other staff that will be working on the grant, their job title, and their role on the grant. Include their FTE and number of months for year 1 and year 2, along with the justification of their efforts on the grant.

Materials and Supplies

List any materials or supplies that will be purchased or paid for by the project. Include amount for each year and purpose of use on the grant.

Office Supplies Solely Allocated to Project

Software

Other Materials/Supplies

Travel

List all identified travel using template below for each trip:

Destination	Purpose	Number of Travelers	Number of Days	Estimated Amount per Traveler*	Estimated Amount per Trip	Total Amount

*Airfare, Lodging, Meals, Incidentals, Ground transportation)

Travel must adhere to state rules and exclude any taxes for in-state travel. See links for current rules: [Textravel - Current Rates \(texas.gov\)](#) and [Textravel \(texas.gov\)](#)

Other Expenses**Subrecipients Contracts / Vendors / Consultants:**

List all contracts, vendors and consultants and indicate for each cost per year and role on grant.

Appendix 3 – Post Award Quarterly Report

Project Name:

Contact PI:

Organization:

Quarter Covered in Report:

Summary of Project Activities in the Past Quarter

List of Upcoming Activities for the Next Quarter (include planned publications)

Changes to Project Plan or Budget

Barriers or Issues Encountered (include plan to address issues)

Expenses for Past Quarter (use the NECMHR_Budget_Spreadsheet Excel template)

Appendix 4 - Allowable Costs

- (A) A cost is an Allowable Cost and may be charged to the Grant Award if it is reasonable, allowable, and adequately documented.
- 1) A cost is reasonable if: (i) the cost does not exceed that which would be incurred by a prudent individual or organization under the circumstances prevailing at the time the decision was made to incur the cost; and (ii) the cost is necessary for the performance of the Grant Award defined in the Scope of Work and the Budget in the Grant Contract.
 - 2) A cost is allowable if the cost:
 - i. Benefits the Grant Award either directly or indirectly, subject to Indirect Cost limits stated in the Grant Contract;
 - ii. Is assigned the Grant Award in accordance with the relative benefit received;
 - iii. Is allowed or not prohibited by state laws, administrative rules, contractual terms, or applicable regulations;
 - iv. Is not included as a cost or used to meet Matching Fund requirements for any other Grant Award in either the current or a prior period; and
 - v. Conforms to any limitations or exclusions set forth in the applicable cost principles, administrative rules, state laws, and terms of the Grant Contract.
 - 3) A cost is adequately documented if the cost is supported by the organization's accounting records and documented consistent with Expense Report.
- (B) Grant Award funds must be used for Allowable Costs as provided by the Texas Grant Management Standards (TxGMS) located at the following link:
<https://comptroller.texas.gov/purchasing/grant-management/>.
- (C) An otherwise Allowable Cost will not be eligible for reimbursement if the Grant Recipient incurred the expense outside of the Grant Contract term, unless the Grant Recipient has received TCMHCC written or email approval to receive reimbursement for expenses incurred prior to the effective date of the Grant Contract.
- (D) An otherwise Allowable Cost will not be eligible for reimbursement if the benefit from the cost of goods or services charged to the Grant Award is not realized within the applicable term of the Grant Award. The Grant Award should not be charged for the cost of goods or services that benefit another Grant Award or benefit a period prior to the Grant Contract effective date or after the termination of the Grant Contract.
- (E) Grant Award funds shall **not** be used to reimburse unallowable expenses, including, but not limited to:
- 1) Bad debt, such as losses from uncollectible accounts and other claims and related costs.
 - 2) Contributions to a contingency reserve or any similar provision for unforeseen events.
 - 3) Contributions and donations made to any individual or organization.
 - 4) Costs of entertainment, amusements, social activities, and incidental costs relating thereto, including tickets to shows or sports events, meals, alcoholic beverages, lodging, rentals, transportation, and gratuities.

- 5) Costs relating to food and beverage items, unless the food item is related to the issue studied by the project that is the subject of the Grant Award and excludes alcoholic beverages.
 - 6) Fines, penalties, or other costs resulting from violations of or failure to comply with federal, state, local or Indian tribal laws and regulations.
 - 7) An honorary gift or a gratuitous payment.
 - 8) Interest and other financial costs related to borrowing and the cost of financing.
 - 9) Legislative expenses such as salaries and other expenses associated with lobbying the state or federal legislature or similar local governmental bodies, whether incurred for purposes of legislation or executive direction.
 - 10) Liability insurance coverage.
 - 11) Benefit replacement pay or legislatively mandated pay increases for eligible general revenue-funded state employees at Grant Recipient state agencies or universities.
 - 12) Professional association fees or dues for an individual employed by the Grant Recipient. Professional association fees or dues for the Grant Recipient's membership in business, technical, and professional organizations may be allowed, with prior approval from the HRI, if:
 - i. the professional association is not involved in lobbying efforts; and
 - ii. the Grant Recipient demonstrates how membership in the professional association benefits the Grant Award project(s).
 - 13) Promotional items and costs relating to items such as T-shirts, coffee mugs, buttons, pencils, and candy that advertise or promote the project or Grant Recipient.
 - 14) Fees for visa services.
 - 15) Payments to a subcontractor if the subcontractor working on a Grant Award project employs an individual who is a Relative of the Principal Investigator, Program Director, Company Representative, Authorized Signing Official, or any person designated as Key Personnel for the same Grant Award project (collectively referred to as "affected Relative"), and:
 - i. the Grant Recipient will be paying the subcontractor with Grant Award funds for any portion of the affected Relative's salary; or
 - ii. the Relative submits payment requests on behalf of the subcontractor to the Grant Recipient for payment with Grant Award funds.
 - iii. For exceptional circumstances, the Institute's Chief Executive Office may grant an exception to allow payment of Grant Award funds if the Grant Recipient notifies the Institute prior to finalizing the subcontract. The Chief Executive Officer must notify the Oversight Committee in writing of the decision to allow reimbursement for the otherwise unallowable expense.
 - iv. Nothing herein is intended to supersede a Grant Recipient's internal policies, to the extent that such policies are stricter.
 - 16) Fundraising.
 - 17) Tips or gratuities.
- (F) TCMHCC may authorize reimbursement for one or more of the following expenses incurred by a research participant that are associated with participating in the approved grant and included in the Grant Recipient's Approved Budget:

- 1) Transportation, including car mileage, bus fare, taxi, or ride hailing fare, exclusive of tips, and commercial economy class airfare within the borders of the State of Texas.
 - 2) Lodging.
 - 3) Reasonable and IRB approved compensation of research participants' time and inconvenience for participating in research.
- (G) Travel costs and reimbursement must follow state rules as outlined in chapter 660A of title 6B of the Texas Government Code:
<https://statutes.capitol.texas.gov/Docs/GV/htm/GV.660.htm>
- (H) The TCMHCC is responsible for making the final determination regarding whether an expense shall be considered an Allowable Cost.

Appendix 5 – Cross Institutional Mentors

The following are the cross institutional mentors that you can contact to request mentorship on your proposal and project.

Name	Title	Institution	Area of Interest	Additional Information
E. Sherwood Brown, MD, PhD, MBA	Professor and Vice Chair for Clinical Research	Department of Psychiatry, University of Texas Southwestern Medical Center	Co-morbidities (co-occurring conditions including substance use and medical illness) in people with mood disorders	https://profiles.utsouthwestern.edu/profile/10878/sherwood-brown.html
Robin B. Jarrett, PhD, ABPP	Professor of Psychiatry; Elizabeth H. Penn Professorship in Clinical Psychology	Department of Psychology, University of Texas Southwestern Medical Center	Psychosocial factors influencing health and wellness in mood and related disorders, psychotherapy, women's mental health, coaching in professional development	https://profiles.utsouthwestern.edu/profile/13553/robin-jarrett.html
Beth D. Kennard, PsyD, ABPP	Professor	University of Texas Southwestern Medical Center	Child and Adolescent: Depression, Suicide, social media, Cognitive Behavioral Therapy, Relapse Prevention	https://profiles.utsouthwestern.edu/profile/13826/beth-kennard.html

Name	Title	Institution	Area of Interest	Additional Information
Charlie B. Nemeroff, MD, PhD	Professor and Chair	Department of Psychiatry, University of Austin Dell Medical School	PTSD, childhood abuse & neglect, depression, neuromodulation	https://dellmed.utexas.edu/direct/charles-nemeroff
D. Jeffrey Newport, MD, MS, MDiv	Professor, Depts. of Psychiatry & Behavioral Sciences and Women's Health	University of Austin Dell Medical School	Reproductive Psychiatry	https://dellmed.utexas.edu/direct/jeffrey-newport
Tarek Rajji, MD	Professor and Chair, Department of Psychiatry	University of Texas Southwestern Medical Center	Cognition, Neuromodulation	https://profiles.utsouthwestern.edu/profile/233468/tarek-k-rajji.html
Cesar A. Soutullo, MD, PhD	John S. Dunn Endowed Professor of Psychiatry & Behavioral Sciences Vice Chair and Chief of Child and Adolescent Psychiatry	University of Texas Health Science Center at Houston	Measurement based care, implementation, clinical and socio demographic factors impacting adherence, outcomes, and treatment optimization for complete remission.	https://med.uth.edu/psychiatry/2022/11/11/cesar-a-soutullo-md-phd/
Sunita Stewart, PhD, ABPP	Professor	University of Texas Southwestern Medical Center and Children's Health	Cross-cultural psychology, depression, and suicidality in adolescents	https://profiles.utsouthwestern.edu/profile/48109/sunita-stewart.html

Name	Title	Institution	Area of Interest	Additional Information
Sanjay Mathew, MD	Professor	Texas A&M University	Mood disorders	Sanjay Johan Mathew, M.D. Texas A&M University Naresh K. Vashisht College of Medicine
Young Shin Kim, MD, MS, MPH, PHD	Professor	University of Austin Dell Medical School	Developmental psychopathology, including autism spectrum disorder	Young Shin Kim, MD, MS, MPH, PhD Dell Medical School
Jorge Almeida, MD PhD	Director of the Bipolar Disorder Center	University of Austin Dell Medical School	Mood disorders, especially bipolar disorder	Jorge Almeida, M.D., Ph.D. Dell Medical School
Josh Cisler PhD	Associate Professor	University of Austin Dell Medical School	Computational, cognitive, and neurocircuitry mechanisms of learning and memory in PTSD	Current Team Members NeuroTap Lab

If unable to contact one of the mentors listed above, contact us at tcmhcc-research@utsystem.edu