



**tcmhcc**  
Texas Child Mental  
Health Care Consortium

# TX-YDSRN: Network Updates

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# TX-YDSRN Registry Study Status

Total Consented  
3194

Total Enrolled  
2831

Total Active  
1435

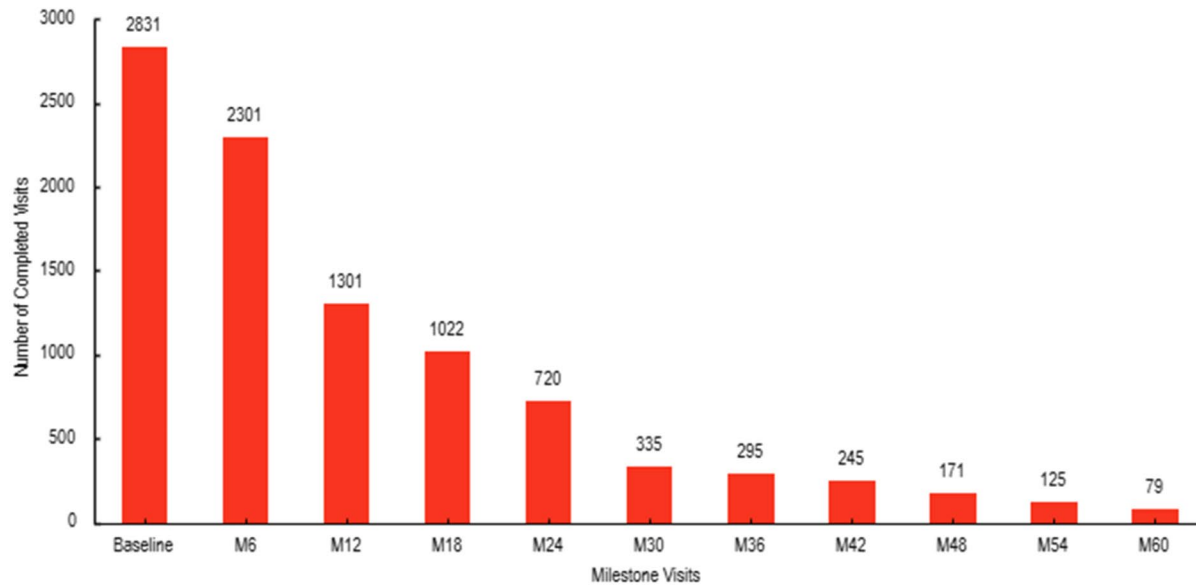
Staff Trained  
469 total | 23 in FY26

79  
Participants  
completed  
Month 60

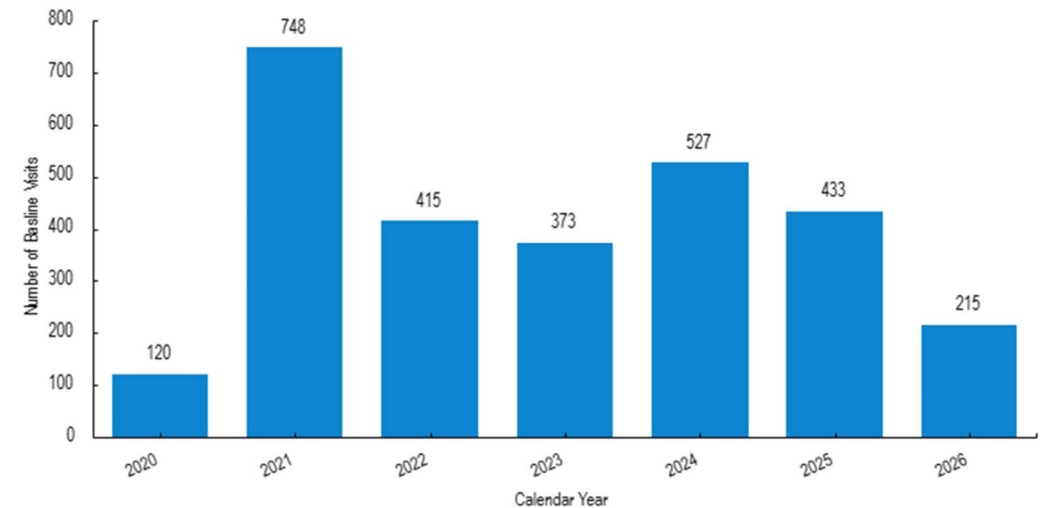
171  
Participants  
completed  
Month 48

24,110  
total visits  
completed

Completed Study Visits by Milestone



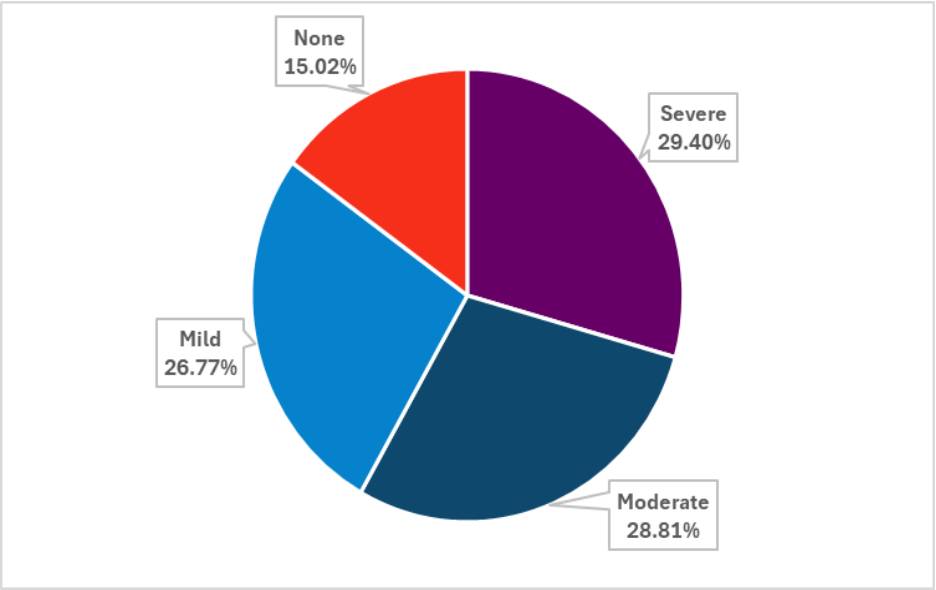
Number of Baseline Visits by Calendar Year



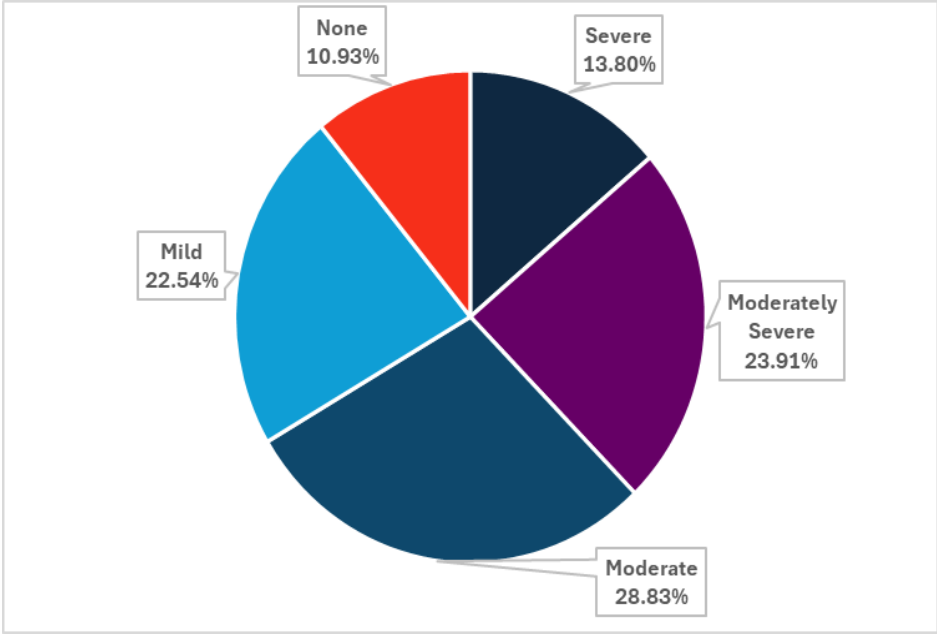
# Youth Characteristics Overview

| Age                       |       |
|---------------------------|-------|
| 8-11 years                | 6.5%  |
| 12-17 years               | 64.5% |
| 18-20 years               | 29.0% |
| Sex at Birth              |       |
| Male                      | 27.6% |
| Female                    | 72.4% |
| Race                      |       |
| White                     | 66.7% |
| More than one race        | 10.9% |
| Black or African American | 11.3% |
| Ethnicity                 |       |
| Hispanic                  | 46.5% |

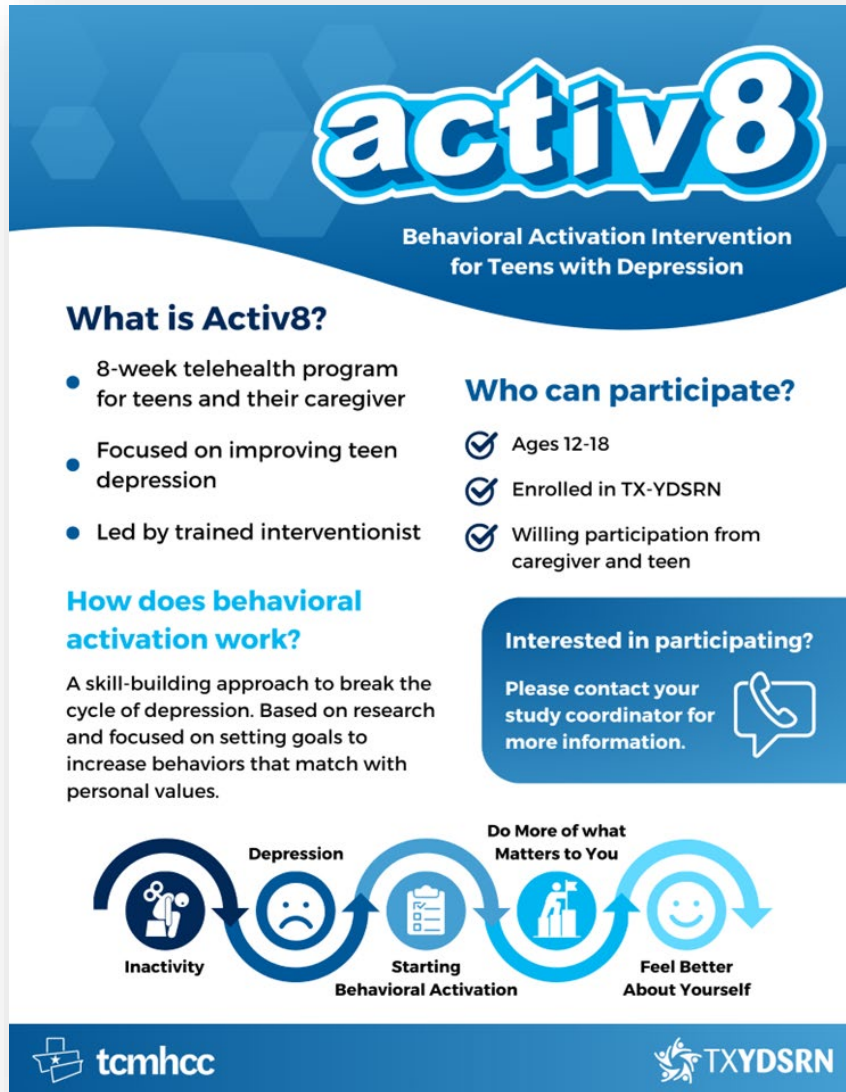
Anxiety (GAD-7)



Depression Severity (PHQ-A)



# Behavioral Activation for Teens Overview



**actiV8**  
Behavioral Activation Intervention  
for Teens with Depression

**What is ActiV8?**

- 8-week telehealth program for teens and their caregiver
- Focused on improving teen depression
- Led by trained interventionist

**Who can participate?**

- ✓ Ages 12-18
- ✓ Enrolled in TX-YDSRN
- ✓ Willing participation from caregiver and teen

**How does behavioral activation work?**

A skill-building approach to break the cycle of depression. Based on research and focused on setting goals to increase behaviors that match with personal values.

**Interested in participating?**

Please contact your study coordinator for more information.



**tcnhcc** **TXYDSRN**

115 Enrolled

65  
Completed

40  
Early  
Discharged

10  
In Progress

7 Training Sessions Conducted

75 Staff members trained

- 19 supervisors
- 56 interventionists

# Publications Overview

**85**  
PROPOSALS  
SUBMITTED

**37**  
PUBLISHED  
OR IN PRESS

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13 Manuscripts Submitted or Under Review

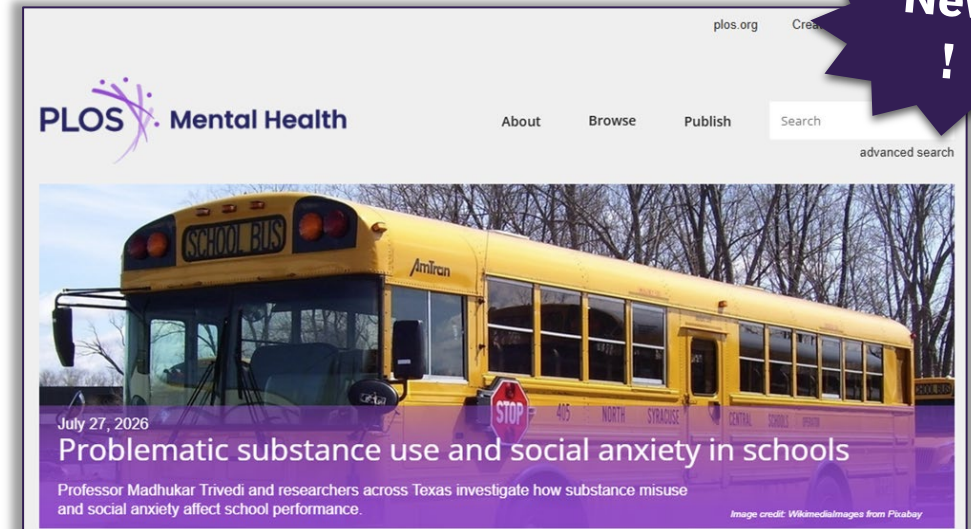
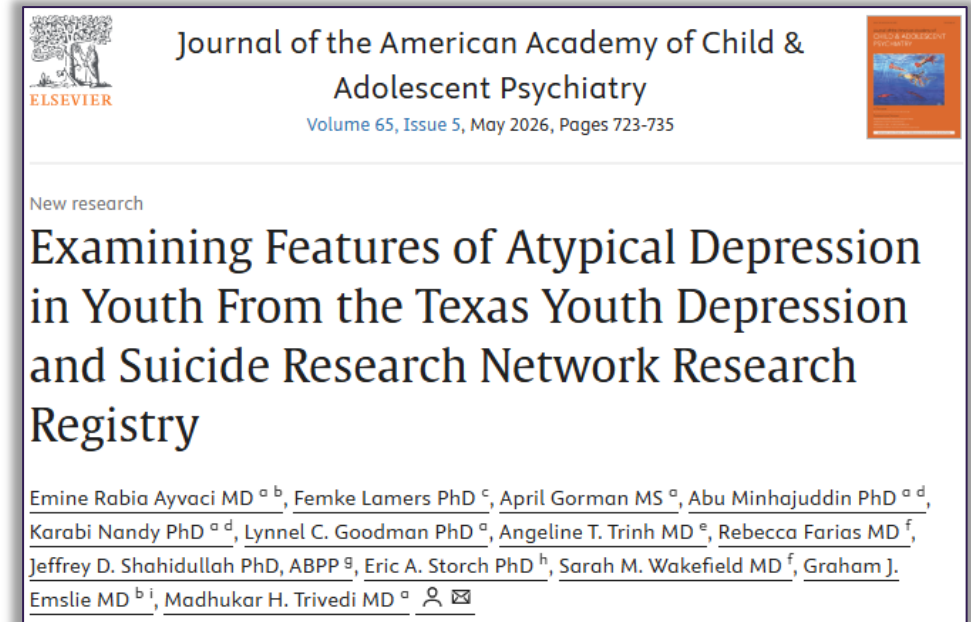
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16 Final Draft in Progress

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19 Proposals in Progress

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# Manuscripts: In Press

2

Manuscripts  
In Press

36. Predictors of Trajectories of Suicidal Thoughts in Texas Youth Depression and Suicide Research Network Youth (Minhajuddin, et al., *Psychological Medicine*)

37. A Latent Class Analysis of Depressive Symptoms in Youth from the Texas Youth Depression and Suicide Research Network (TX-YDSRN): Clinical and Socio-Ecological Correlates (Lee, et al., *Journal of Child and Psychology and Psychiatry*)

Links to all publications are available at <https://tx-ydsrn.swmed.org/publication>



# Grants Overview

13

GRANTS  
SUBMITTED

5

GRANTS  
FUNDED

~5

MILLION DOLLARS  
AWARDED

## Recently Funded

**NIH. Social media Concerns Related to Emotional Experiences in Naturalistic Settings: SCREENS.**

SCREENS will investigate how social media use amount and positive/negative experiences impact internalizing symptom trajectories over 6 months and determine whether in-person social context factors impact the relationship between social media and internalizing symptoms.

- Participants will be recruited from the TX -YDSRN Registry Study.
- This study will be led by MPIs Drs. Trivedi and Goodman with CoIs Drs. Kennard and Minhajuddin.

SCREENS will advance understanding of the relationships between social media use and internalizing symptoms in depressed and/or suicidal youth.



# Q & A



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